
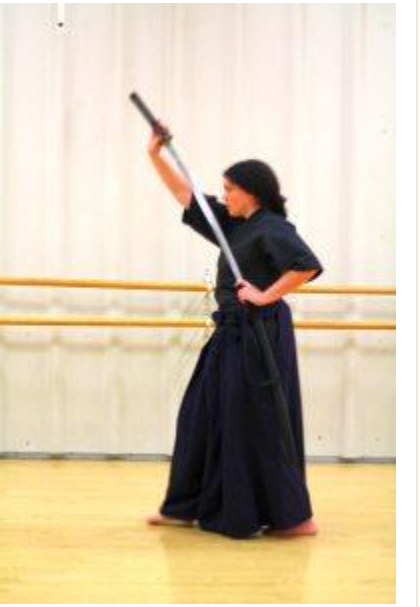




12. Ju Nihon Mae Nuki Uchi

2009 instruction, ZNKR book, English translation	1994 instruction, Buko Dosokai English booklet	Photographs
a. When the sword is drawn up and out, have both feet moved back adequately to evade the downward cut of the opponent?		
		
b. When the right hand is taken upwards, is it in the center line of the body?		

12. Ju Nihon Mae Nuki Uchi

2009 instruction, ZNKR book, English translation	1994 instruction, Buko Dosokai English booklet	Photographs
c. Is the step forwards with the right foot sufficient to enable the sword to reach the target?		
	