

- 1) MIYAGI CHOJUN WAS:
 - A) HIGAONNA MORIO'S TEACHER
 - B) MIYAGI ANICHI'S TEACHER**
 - C) RYU RYU KO'S STUDENT
 - D) BOTH B AND C

- 2) THE TERM WAZA MEANS:
 - A) TECHNIQUE**
 - B) HALF POINT
 - C) OLDEN TIMES
 - D) REVERSE PUNCH

- 3) GOJU RYU ORIGINATED FROM:
 - A) SHURI TE
 - B) NAHA TE**
 - C) TOMARI TE
 - D) JUDO

- 4) JODAN AGE UKE IS A:
 - A) STATE OF MIND
 - B) FOOT MOVING EXERCISE
 - C) HIGH BLOCK**
 - D) FACE PUNCH

- 5) HACHIJI DACHI IS:
 - A) NATURAL STANCE**
 - B) ANOTHER NAME FOR SHIKO DACHI
 - C) LONG STANCE
 - D) RIGHT FOOT FORWARD PARALLEL STANCE

- 6) MIYAGI CHOJUN WAS BORN IN:
 - A) 1932
 - B) 1953
 - C) 1888**
 - D) 1902

- 7) HIGAONNA KANRYO WAS ALSO KNOWN AS:
 - A) "LIU LIU KUNG"
 - B) "ASHI NO HIGAONNA"**
 - C) "HIGAONNA NO KARATE"
 - D) BOTH A AND B

- 8) IN A DOJO THE SHIZEN IS:
 - A) THE FRONT OF THE DOJO
 - B) THE CHANGE ROOM AREA
 - C) THE SENIOR STUDENTS POSITION
 - D) THE SHRINE**

- 9) OTOSHI UKE IS A:
 - A) RISING WRIST BLOCK
 - B) OUTER EDGE BLOCK
 - C) DESCENDING BLOCK**
 - D) SCOOPING BLOCK

- 10) TAI SABAKI REFERS TO:
A) A BIG MOTION WHILE MOVING
B) QUICK SHORT STRIKE
C) BODY SHIFTING
D) THREE LEVEL SPARRING
- 11) THE WAY OF SOFTNESS IS:
A) SHURI TE
B) NAHA TE
C) TOMARI TE
D) JUDO
- 12) MIYAGI CHOJUN PASSED AWAY IN:
A) 1932
B) 1953
C) 1888
D) 1902
- 13) MIYAGI AN'ICHI WAS:
A) HIGAONNA MORIO'S TEACHER
B) MIYAGI CHOJUN'S TEACHER
C) RYU RYU KO'S STUDENT
D) BOTH B AND C
- 14) HIGAONNA MORIO IS:
A) THE FOUNDER OF IOGKF
B) GEKI SAI DAI ICHI CREATOR
C) NAKAMURA SENSEI'S TEACHER
D) BOTH A AND C
- 15) HIGAONNA KANRYO LEARNED:
A) NORTHERN CHINESE MARTIAL ARTS
B) SOUTHERN CHINESE MARTIAL ARTS
C) CANADIAN MARTIAL ARTS
D) RUSSIAN MARTIAL ARTS
- 16) THE GEKI SAI KATA WERE DEVELOPED IN:
A) 1952
B) 1940
C) 1888
D) 1990
- 17) HIGAONNA KANRYO INTRODUCED NAHA TE TO THE SCHOOL SYSTEM IN:
A) 1890
B) 1905
C) 1923
D) 1899
- 18) NAHA TE ORIGINATES FROM:
A) NORTHERN CHINESE MARTIAL ARTS
B) SOUTHERN CHINESE MARTIAL ARTS
C) CANADIAN MARTIAL ARTS

- D) RUSSIAN MARTIAL ARTS
- 19) WHO WAS RYU RYU KO SENSEI:
A) FOUNDER OF GOJU RYU
B) TEACHER OF HIGAONNA KANRYO
C) TEACHER MIYAGI CHOJUN
D) JUDO CHAMPION
- 20) WHO WAS MIYAGI CHOJUN:
E) TEACHER OF RYU RYU KO
B) FOUNDER OF GOJU RYU
C) TEACHER OF HIGAONNA KANRYO
D) KENDO STUDENT
- 21) WHEN DID HIGAONNA KANRYO LIVE:
A) 1850-1925
B) 1853-1915
C) 1859-1917
D) 1800-1890
- 22) HOW MANY YEARS DID HIGAONNA KANRYO SPEND IN CHINA:
A) 25 YEARS
B) BETWEEN 13 AND 14 YEARS
C) BETWEEN 5 AND 10 YEARS
D) 0 YEARS
- 23) WHY WAS HIGAONNA KANRYO CALLED "ASHI NO HIGAONNA":
A) HE WAS WELL KNOWN FOR HIS EXCEPTIONALLY STRONG LEGS
B) HE WAS VERY TALL
C) HE LIKED ASHI SUSHI
D) BOTH A AND B
- 24) WHAT WAS THE MARTIAL ART FORM THAT HIGAONNA KANRYO TAUGHT CALLED:
A) OKINAWA GOJU RYU
B) NAHA TE
C) SHURI TE
D) FIVE STAR PRAYING MANTIS CHUAN FA
- 25) WHO WAS MIYAGI CHUJON FIRST TEACHER:
A) HIGAONNA KANRYO
B) RYU RYU KO
C) ARAGAKI RYUKO
D) ARAGAKI SHUICHI
- 26) WHO WAS ARAGAKI RYUKO:
A) FIRST TEACHER OF MIYAGI CHUJON
B) FIRST TEACHER OF HIGAONNA KANRYO
C) FIRST TEACHER OF NAKAMURA TETSUJI
D) BOTH A AND B
- 27) THE SUCCESSOR TO MIYAGI CHOJUN WAS TO HAVE BEEN:
A) RYU RYU KO
B) MIYAGI KEN
C) SHINZATO JINAN
D) HIGAONNA MORIO

- 28) GOJU RYU WAS ACCEPTED INTO THE BUTOKUKAI IN:
A) 1930
 B) 1943
 C) 1915
 D) 1987
- 29) WHO WAS THE LAST PERSON TO BE TAUGHT BY MIYAGI CHOJUN:
 A) SHINZATO JINAN
 B) HIGAONNA MORIO
C) MIYAGI ANICHI
 D) NAKAMURA TETSUJI
- 30) ZEN SHIN KOTAE WOULD BE:
A) FORWARD AND BACKWARD MOVING BASICS
 B) LONG STANCE KUMITE DRILLS
 C) DIAGONAL MOVING BASICS
 D) TWO PERSON TRAINING DRILLS
- 31) WHEN DID HIGAONNA KANRYO START TO TEACH KARATE AT A PUBLIC HIGH SCHOOL:
A) 1905
 B) 1910
 C) 1902
 D) 2000
- 32) MIYAGI CHOJUN LIVED:
A) 1888-1953
 B) 1910-1950
 C) 1853-1917
 D) 1905-1944
- 33) TATE KEN ZUKI IS:
A) VERTICAL FIST
 B) HALF FIST PUNCH
 C) BACK FIST STRIKE
 D) LONG FIST
- 34) ALL GOJU RYU KATA BEGIN AND END WITH:
 A) HEISOKU DACHI
B) MUSUBI DACHI
 C) IT DEPENDS ON THE KATA
 E) SHIN ZEN HONTAI
- 35) DOJI UKE IS FOUND IN WHICH KATA:
 A) SAIFA
 B) SHISHOCHIN
C) SEIYUNCHIN
 D) PASSAI
- 36) WHICH KATA WERE NOT CREATED IN OKINAWA:
 A) GEIKI SAI DAI ICHI, GEIKI SAI DAI NI
B) SAIFA, SEIYUNCHIN, SHISHOCHIN, SEIPAI, SANSEU, SESAN, KURUNFA, SUPARENPEI
 C) SANCHIN, GEKISAI DAI ICHI, GEKISAI DAI NI, TENSHO
 D) TEKKI SHODAN, TEKKI NIDAN, TEKKI SANDAN

- 37) IN SEIYUNCHIN KATA THE LAST URAKEN UCHI IS PERFORMED IN:
A) SANCHIN DACHI
B) MIGI HEIKO DACHI
C) NEKO ASHI DACHI
D) SHIKO DACHI
- 38) MIYAGI ANICHI WAS BORN IN:
A) 1931
B) 1948
C) 1922
D) 1905
- 39) SANDAN GI IS ALSO KNOWN AS:
A) GEKISAI DAI ICHI REZOUKU BUNKAI KUMITE
B) SAN DAN UKE HARAI
C) CHIRU NO CHAN CHAN
D) ALL THE ABOVE
- 40) MAWATTE MEANS:
A) CIRCLE
B) STOP
C) TURN
D) SIT DOWN
- 41) MIGI YOKO HAISHU UCHI WOULD BE:
A) R/SIDE FOREARM STRIKE
B) R/SIDE BACKHAND STRIKE
C) R/SIDE KICK WITH THE BOTTOM OF THE FOOT
D) R/SIDE MIDDLE PUNCH
- 42) ZASHIKI IS:
A) MOUNTED ARCHERY
B) SHOULDER ATTACKS
C) SEATED ETIQUETTE
D) MINDLESS EFFORT
- 43) KOKYU IS:
A) BREATHING
B) A JUNIOR BLACK BELT
C) TEA CEREMONY
D) HARD LIVING
- 44) ISHI SASHI IS:
A) SHIFTING ON THE BALLS OF THE FEET
B) A PIECE OF HOJO UNDO EQUIPMENT
C) A YOBI UNDO EXERCISE
D) FRONT KICK
- 45) WHAT DID MIYAGI CHOJUN FIND ON HIS TRIP TO FUZHOU, CHINA:
A) THE SITE IN WHICH RYU RYU KO'S DOJO HAD BEEN
B) AN OLD MAN WHO HAD BEEN RYU RYU KO'S STUDENT
C) THE KONGOKEN
D) BOTH A & B

- 46) WHICH OF THE GOJU RYU KATA DID NOT ORIGINATE IN CHINA:
A) **GEIKI SAI DAI ICHI, GEIKI SAI DAI NI, TENSHO**
B) SANCHI, SANSERYU, SESAN, SHISOCHIN, SUPARINPEI
C) SAIFA, SEIYUNCHIN, SEPAI, KURUNFA
D) NEIPAI
- 47) WHAT FORMS OF TRAINING DID MIYAGI CHOJUN CREATE:
A) **SEIRI UNDO, JUNBI UNDO, A REVISED SANCHIN KATA, TENSHO**
B) HOJO UNDO, JUNBI UNDO
C) A REVISED SANCHIN KATA AND HOJO UNDO
D) SAIFA, SEIYUNCHIN, SEPAI, KURUNFA
- 48) MIYAGI CHOJUN IS CONSIDERED THE FOUNDER OF GOJU RYU BECAUSE:
A) HE INVENTED THE KATA OF GOJU RYU
B) HE BROUGHT OF GOJU RYU KARATE TO OKINAWA FROM CHINA
C) **HE SYSTMATIZED THE STYLE, NAMED IT, AND THROUGH HIS EFFORTS IT WAS RECOGNIZED AS A MARTIAL ART BY THE NIHON BUTOKUKAI**
D) A DISTINGUISHED BUSHI OF KARATE