



Seito Bugei Juku Adult's Kyu (13+)



*Technical Shinsa Requirements

KYU	REQUIRED TECHNIQUES	QUESTIONS
10th Kyu Yellow /White	Sonoba Kihon – Standing Basics Jodan, Chudan, Gedan Zuki Jodan, Chudan, Gedan Uke Mae Geri, Mawashi Geri	Oneigaishimasu & its' meaning Arigato Gozaimashita & its' meaning Dojo, Sensei, Hai Sensei
9th Kyu Yellow	Requirements for 10 th kyu plus: Gekisai Dai Ichi (Sequence) in a group, Sonoba Kihon – Standing Basics Simple moving basics Sandan Tsuki (Sequence) – without Partner Sandan Uke (Sequence) – without Partner	Requirements for 10 th kyu plus: Part 1 Keikogi, Obi
8th Kyu Yellow with Black stripe	Requirements for 9 th kyu plus: Gekisai Dai Ichi (sequence) in a group and solo Sandan Tsuki (Sequence) – with Partner Sandan Uke (Sequence) – with Partner Sandan Gi Harai Ichi (sequence) – without Partner	Requirements for 9 th kyu plus: Count 10 in Japanese, Name of kata
7th Kyu Orange	Requirements for 8 th kyu plus: Gekisai Dai Ichi (Good) Gekisai Dai Ni (Sequence) in a group, Sandan Tsuki (Good) – with Partner Sandan Uke (Good) – with Partner Sandan Gi Ichi (Sequence) – with Partner	Requirements for 8 th kyu plus: Part 2 Keikogi Recognize names of basic stances and techniques
6th Kyu Green	Requirements for 7 th kyu plus: Gekisai Dai Ni (Sequence) in a group and solo, Moving Basic Sequences - Geikisai Dai Ichi Sandan Gi Harai Ichi (Good) Kumite	Requirements for 7 th kyu plus: Count 20 in Japanese Mon and its' meaning,
5th Kyu Green with Black Stripe	Requirements for 6 th kyu plus: Gekisai Dai Ichi (Good) - Individual Gekisai Dai Ni (Good) - Individual Moving Basic Sequences - Geikisai Dai Ichi	Written Exam: Score must be 75% or higher to pass

Other **Kata** may be taught after Saifa, as well, if a student is exceptional and showing strong progress, i.e. Seiuyunchin, Shisochin, Sanseiryu, Seipai, Kurunfa and Seisan
Shodan Ho (Junior Black Belt) and Shodan - Shitei Kata - Gekisai Dai Ichi, Gekisai Dai Ni, Saifa

This is living Document there will be changes in the Future!!

*At each level the demands on you, the student increase –

- more knowledge
- more detail
- more fitness

* Please keep track of your attendance

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4th Kyu Blue	Requirements for 5 th kyu plus: Gekisai Dai Ichi (Good) - Individual Gekisai Dai Ni (Good) - Individual Saifa (Sequence) - Group Sandan Gi Ichi (Good) Renzoku Kumite Geikisai Dai Ichi (sequence)	Written Exam: Score must be 75% or higher to pass
3rd Kyu Purple	Requirements for 4 th kyu plus: Gekisai Dai Ichi (Good) - Individual Gekisai Dai Ni (Good) - Individual Saifa (sequence) in a group and solo Sandan Gi Ichi (good) - with Partner Sandan Gi Ni (Sequence) - with Partner Renzoku Kumite Geikisai Dai Ichi (sequence)	Written Exam: Score must be 85% or higher to pass
2nd Kyu Brown	Requirements for 3 rd kyu plus: Gekisai Dai Ichi (good kata), Gekisai Dai Ni (good kata) Saifa (good kata) Sandan Gi Ichi (good) Sandan Gi Ni (sequence) Renzoku Kumite Geikisai Dai Ichi (Good) Renzoku Kumite Geikisai Dai Ni (sequence) Renzoku Kumite Saifa (sequence)	Written Exam: Score must be 85% or higher to pass Book Report
1st Kyu Brown with Black Stripe	Requirements for 2 nd kyu plus: Gekisai Dai Ichi (Good) Gekisai Dai Ni (Good) Saifa (Good) Sanchin (Sequence) - Group Sandan Gi Ichi (Good) - with Partner Sandan Gi Ni (Good) - with Partner Renzoku Kumite Geikisai Dai Ichi (Good) Renzoku Kumite Geikisai Dai Ni (Good) Renzoku Kumite Saifa (Sequence)	Written Exam: Score must be 85% or higher to pass Book Report

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Shodan Ho (Junior Black Belt) and Shodan - Shitei Kata - Gekisai Dai Ichi, Gekisai Dai Ni, Saifa

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